

2024-2025 UK SCORING - NON TUMBLE BUILDING

(IASF U18 NT LEVELS 2-6 AND OPEN NT ALL-GIRL LEVELS 2-5)

STUNT DIFFICULTY

| | | |
|-----------|-------------|--|
| NO SKILLS | 0.0 | No Skills performed. |
| BELOW | 0.1 - 8.0 | Most of the athletes participate in 2 level appropriate skills. |
| LOW | 8.0 - 12.0 | Most of the athletes participate in 3 level appropriate skills. |
| MEDIUM | 12.0 - 16.0 | Most of the athletes participate in 4 level appropriate skills. |
| HIGH | 16.0 - 20.0 | Most of the athletes participate in 5 level appropriate skills. |

PYRAMID DIFFICULTY

| | | |
|-----------|-------------|--|
| NO SKILLS | 0.0 | No Skills performed. |
| NOVICE | 0.1 - 4.0 | Skills performed do not meet 4.0 - 8.0 requirement |
| BELOW | 4.0 - 8.0 | Pyramids that include at least 2 structures and 2 level appropriate transitions performed by most of the athletes. |
| LOW | 8.0 - 12.0 | Pyramids that include at least 2 structures and 3 level appropriate transitions performed by most of the athletes. |
| MEDIUM | 12.0 - 16.0 | Pyramids that include at least 2 structures and 4 level appropriate transitions performed by most of the athletes. |
| HIGH | 16.0 - 20.0 | Pyramids that include at least 2 structures and 5 level appropriate transitions performed by most of the athletes. |

BUILDING QUANTITY

| # OF ATHLETES | NUMBER OF GROUPS | | |
|---------------|------------------|------|-------------|
| | MAJORITY | MOST | POSSIBLE |
| 5 - 11 | 1 | 1 | Divide by 3 |
| 12 - 15 | 1 | 2 | Divide by 3 |
| 16 - 19 | 2 | 3 | Divide by 3 |
| 20 - 23 | 3 | 4 | Divide by 3 |
| 24 - 27 | 4 | 5 | Divide by 3 |
| 28 - 30 | 5 | 6 | Divide by 3 |

NOTES

Stunt/Pyramid/Toss difficulty based on the following:

- Team participation %
- Degree of difficulty.
- Minimal use of bases and/or usage of single based skills.
- Variety of skills, load-ins, transitions and dismounts (non-level included).
- Pace and combination of skills.
- Additional skills and combination of skills (non-level appropriate included) may increase your score within a range

TOSS DIFFICULTY

(Levels 2)

| | |
|-----|---|
| 0.0 | No Tosses are performed. |
| 3.0 | Less than majority of athletes perform a level appropriate toss. |
| 4.0 | Majority of athletes perform a level appropriate toss. |
| 5.0 | Majority of athletes perform a level appropriate toss in the same section (rippled or synchronized). *Level 2 tosses will be capped at 5.0 if this requirement is met. |

TOSS DIFFICULTY

(Levels 3-7)

| | |
|-----------|---|
| 0.0 | No Tosses are performed. |
| 0.1 - 1.0 | Non-Level appropriate tosses are performed. |
| 1.0 - 2.0 | Less than majority of athletes perform a level appropriate toss. |
| 2.0 - 3.0 | Majority of athletes perform a level appropriate toss. |
| 3.0 - 5.0 | Majority of athletes perform a level appropriate toss in the same section (rippled or synchronized). |

STUNT/PYRAMID TECHNIQUE

| | | |
|--------------|-------------|---|
| NO SKILLS | 0.0 | Skills for category are not performed. |
| NOVICE | 0.1 - 8.0 | Less than Majority of the skills are performed with EXCELLENT form, flyer flexibility, stability, base foot movement, transitional elements, height of dismounts, control of landings. |
| INTERMEDIATE | 8.0 - 12.0 | Majority of the skills are performed with EXCELLENT form, flyer flexibility, stability, base foot movement, transitional elements, height of dismounts, control of landings. |
| ADVANCED | 12.0 - 16.0 | Most of the skills are performed with EXCELLENT form, flyer flexibility, stability, base foot movement, transitional elements, height of dismounts, control of landings. |
| EXCELLENT | 16.0 - 20.0 | All of the skills are performed with EXCELLENT form, flyer flexibility, stability, base foot movement, transitional elements, height of dismounts, control of landings. |

TOSS TECHNIQUE

| | | |
|--------------|-----------|--|
| NO SKILLS | 0.0 | Skills for category are not performed. |
| NOVICE | 0.0 - 1.0 | Tosses executed with below average technique, flexibility, synchronization and below average height. |
| INTERMEDIATE | 1.0 - 2.0 | Toss skills executed with average technique, flexibility, synchronization and average height. |
| ADVANCED | 2.0 - 3.0 | Toss skills executed with average technique, flexibility, synchronization and average height. |
| EXCELLENT | 3.0 - 5.0 | Toss skills executed with excellent technique, flexibility, synchronization and excellent height. |

2024-2025 UK SCORING - COED NON-TUMBLE BUILDING

(IASF NT LEVEL 3 -5, U18 LEVEL 3-6)

STUNT DIFFICULTY

| | | |
|-----------|-------------|---|
| NO SKILLS | 0.0 | No Skills Performed |
| NOVICE | 0.1 - 4.0 | Skills performed do not meet 4.0 - 8.0 requirement |
| BELOW | 4.0 - 8.0 | Most of the athletes participate in 2 level appropriate skills. |
| LOW | 8.0 - 12.0 | Most of the athletes participate in 3 level appropriate skills. |
| MEDIUM | 12.0 - 16.0 | Most of the athletes participate in 4 level appropriate skills. |
| HIGH | 16.0 - 20.0 | Most of the athletes participate in 4 level appropriate skills, and required Coed/Single Base Skill |

TOSS DIFFICULTY

| | |
|-----------|---|
| 0.0 | No Tosses are performed. |
| 0.1 - 1.0 | Non-Level appropriate tosses are performed. |
| 1.0 - 2.0 | Less than majority of athletes perform a level appropriate toss. |
| 2.0 - 3.0 | Majority of athletes perform a level appropriate toss. |
| 3.0 - 5.0 | Majority of athletes perform a level appropriate toss in the same section (rippled or synchronized). |

STUNT/PYRAMID TECHNIQUE

| | | |
|--------------|-------------|---|
| NO SKILLS | 0.0 | Skills for category are not performed. |
| NOVICE | 0.1 - 8.0 | Less than Majority of the skills are performed with EXCELLENT form, flyer flexibility, stability, base foot movement, transitional elements, height of dismounts, control of landings. |
| INTERMEDIATE | 8.0 - 12.0 | Majority of the skills are performed with EXCELLENT form, flyer flexibility, stability, base foot movement, transitional elements, height of dismounts, control of landings. |
| ADVANCED | 12.0 - 16.0 | Most of the skills are performed with EXCELLENT form, flyer flexibility, stability, base foot movement, transitional elements, height of dismounts, control of landings. |
| EXCELLENT | 16.0 - 20.0 | All of the skills are performed with EXCELLENT form, flyer flexibility, stability, base foot movement, transitional elements, height of dismounts, control of landings. |

PYRAMID DIFFICULTY

| | | |
|-----------|-------------|--|
| NO SKILLS | 0.0 | No Skills performed. |
| BELOW | 0.1 - 8.0 | Pyramids that include at least 2 structures and 2 level appropriate transitions performed by most of the athletes. |
| LOW | 8.0 - 12.0 | Pyramids that include at least 2 structures and 3 level appropriate transitions performed by most of the athletes. |
| MEDIUM | 12.0 - 16.0 | Pyramids that include at least 2 structures and 4 level appropriate transitions performed by most of the athletes. |
| HIGH | 16.0 - 20.0 | Pyramids that include at least 2 structures and 5 level appropriate transitions performed by most of the athletes. |

TOSS TECHNIQUE

| | | |
|--------------|-----------|--|
| NO SKILLS | 0.0 | Skills for category are not performed. |
| NOVICE | 0.0 - 1.0 | Tosses executed with below average technique, flexibility, synchronization and below average height. |
| INTERMEDIATE | 1.0 - 2.0 | Toss skills executed with average technique, flexibility, synchronization and average height. |
| ADVANCED | 2.0 - 3.0 | Toss skills executed with average technique, flexibility, synchronization and average height. |
| EXCELLENT | 3.0 - 5.0 | Toss skills executed with excellent technique, flexibility, synchronization and excellent height. |

BUILDING QUANTITY

| # OF ATHLETES | NUMBER OF GROUPS | | |
|---------------|------------------|------|-------------|
| | MAJORITY | MOST | POSSIBLE |
| 5 - 11 | 1 | 1 | Divide by 3 |
| 12 - 15 | 1 | 2 | Divide by 3 |
| 16 - 19 | 2 | 3 | Divide by 3 |
| 20 - 23 | 3 | 4 | Divide by 3 |
| 24 - 27 | 4 | 5 | Divide by 3 |
| 28 - 30 | 5 | 6 | Divide by 3 |

COED/SINGLE BASE QUANTITY

| ALL LEVEL 3 & 4 TEAMS | |
|-----------------------|----------|
| # OF MALE ATHLETES | REQUIRED |
| 1 or more | 1 |
| U16 LEVEL 5 & 6 | |
| # OF MALE ATHLETES | REQUIRED |
| 1 - 3 | 1 |
| 4 - 5 | 2 |
| 6 - 7 | 3 |
| 8 - 9 | 4 |
| 10 - 11 | 5 |
| 12 - 13 | 6 |
| 14 - 16 | 7 |

NOTES

Stunt/Pyramid/Toss difficulty based on the following:

- Team participation % (±4).
- Degree of difficulty.
- Minimal use of bases and/or usage of single based skills.
- Variety of skills, load-ins, transitions and dismounts (non-level included).
- Pace and combination of skills.
- Additional skills and combination of skills (non-level appropriate included) may increase your score within a range

2024-2025 UK SCORING - JUMPS

(IASF NT LEVELS 2-7)

JUMP DIFFICULTY

| | | |
|-----------|-----|---|
| NO SKILLS | 0.0 | No Skills Performed |
| BELOW | 0.5 | Skills performed do not meet 1.0 requirement |
| LOW | 1.0 | MOST of the team performs 1 advanced jump |
| MEDIUM | 1.5 | MOST of the team performs 2 connected advanced jumps. Must be synchronized and include a variety. |
| HIGH | 2.0 | MOST of the team performs 3 connected advanced jumps or 2 connected advanced jumps, plus 1 additional advanced jump. Must be synchronized and include a variety. |

JUMP EXECUTION/TECHNIQUE

| | | |
|--------------|-----------|--|
| NO SKILLS | 0.0 | No Skills Peformed |
| INTERMEDIATE | 0.1 - 1.0 | Jump skills/pass(es) executed with below average technique and synchronization |
| ADVANCED | 1.0 - 2.0 | Jump skills/pass(es) executed with average technique and synchronization. |
| EXCELLENT | 2.0 - 3.0 | Tumbling skills/pass(es) executed with above average to excellent technique and synchronization. |

JUMP QUANTITY

| # OF ATHLETES | MAJORITY | MOST |
|---------------|----------|------|
| 5 - 6 | 3 | 4 |
| 7 - 11 | 5 | 6 |
| 12 - 15 | 7 | 9 |
| 16 - 19 | 10 | 12 |
| 20 - 23 | 13 | 16 |
| 24 - 27 | 15 | 19 |
| 28 - 30 | 18 | 22 |

NOTES

Difficulty based on the following:

- Team participation %
- Degree of difficulty
- Variety and combination of skills
- Basic Jumps: Spread Eagle, Tuck Jump
- Advanced Jumps: Pike, Right/Left Hurdlers (front or side), Toe Touch, Double Nine
- Variety includes 2 different jumps, opposite legs will constitute variety.

2024-2025 UK SCORING - OVERALL

ROUTINE CREATIVITY

| | | |
|---------------|-----------|--|
| BELOW AVERAGE | 1.0 - 4.0 | A team's ability to consistently demonstrate innovative, visual, and creative ideas throughout all routine elements. |
| AVERAGE | 4.0 - 8.0 | |
| ABOVE AVERAGE | 8.0 - 10 | |

FORMATIONS & TRANSITIONS

| | | |
|---------------|-----------|---|
| BELOW AVERAGE | 1.0 - 4.0 | A team's ability to demonstrate precise spacing, uniform timing, strong pace, and seamless flow between elements. |
| AVERAGE | 4.0 - 8.0 | |
| ABOVE AVERAGE | 8.0 - 10 | |

PERFORMANCE

| | | |
|---------------|-----------|--|
| BELOW AVERAGE | 1.0 - 2.0 | A team's ability to demonstrate high levels of energy, entertainment value, confidence, and showmanship. |
| AVERAGE | 2.0 - 4.0 | |
| ABOVE AVERAGE | 4.0 - 5 | |

DANCE DIFFICULTY

| | | |
|---------------|-----------|---|
| BELOW AVERAGE | 1.0 - 2.0 | The following are considered: <ul style="list-style-type: none"> • Visual Elements • Variety Of Levels • Formation Changes • Pace & Intricacy • Footwork & Floorwork • Partnerwork • Team Participation |
| AVERAGE | 2.0 - 4.0 | |
| ABOVE AVERAGE | 4.0 - 5.0 | |

DANCE TECHNIQUE

| | | |
|---------------|-----------|---|
| BELOW AVERAGE | 1.0 - 2.0 | The following are considered: <ul style="list-style-type: none"> • Perfection • Synchronization • Precision of spacing • Uniformity • Arm/Motion placement • Entertainment value • Energy level |
| AVERAGE | 2.0 - 4.0 | |
| ABOVE AVERAGE | 4.0 - 5.0 | |