

BCA POM PREP / CHEER-DANCE SCORE SHEET

ROUTINE DESCRIPTION

A “Pom Prep/Cheer-Dance” routine contains important “traditional pom” characteristics such as strong pom quality of movement (clean, precise, sharp, well-placed motions), synchronization, creative visual effects utilizing poms, levels, level changes, formation changes, pom passes, unique pom utilization, and pom diversity. This category does not require the technical elements of dance to be incorporated (turns, kicks, leaps, jumps). **Poms must be used 80% of the routine.**

This is a specialty category on offer with the BCA; thus, teams must be formed of athletes that follow the proper Age and Rules Guidelines as defined by the SCUK Age Grid for Dance with the exception of International Open as this division is not recognized by IASF. **BCA will follow the Rules and Guidelines set by SCUK with regards to Lifts and Partner Work.**

CHOREOGRAPHY	Total Possible
COMPOSITION OF MOVEMENT (Musical Interpretation, Originality)	10.0
STAGING/VISUAL EFFECTS (Formations, Transitions, Visuals)	10.0
DEGREE OF DIFFICULTY (Showcasing of style, Level of Intricacy)	10.0

TECHNIQUE	Total Possible
UNIFORMITY/SYNCHRONISATION (Team Accuracy)	10.0
MOVEMENT PROFICIENCY (Placement, Carriage, Stabilization)	10.0
MOVEMENT DYNAMICS (Musicality, Intensity, Control)	10.0
TRADITIONAL ELEMENTS (Proper Execution – PLACEMENT)	10.0

OVERALL	Total Possible
COMMUNICATION (Expression, Energy, Projection by Dancers)	10.0
SPACING (Spatial Awareness in relation to the floor and between individual dancers)	10.0
APPEAL AND AUDIENCE SUITABILITY (General Entertainment, Family Viewing Appropriateness). The ability to evoke an emotional response from the audience.	10.0

SCORE GUIDELINES

CHOREOGRAPHY JUDGE (30 POINTS)

- **COMPOSITION OF MOVEMENT – 10.0**

Judges will credit: how well the movement complements unique musicality and dynamics; the originality of routine, concept, and Pom motion/full-body movement variety. Piece displays balanced use of all dancers and incorporation of elements that supports and enhance the routine.

- **STAGING/VISUAL EFFECTS – 10.0**

Judges will credit: how the choreography utilizes the stage and how the dancers are presented on the floor; the structure of challenging formations and seamless transitions. Incorporation of creative and unpredictable visual effects developed through purposeful use of Pom motion variety, floor work, level changes, group/ground work, opposition, etc.

- **DEGREE OF DIFFICULTY– 10.0**

Judges will credit: difficulty of the routine considering both movement and skills (does not reflect execution); overall level and intricacy of Pom motions, variety of movement, footwork, and athletic demand. The appropriate use of team's ability level.

TECHNIQUE JUDGE (40 POINTS)

- **UNIFORMITY/SYNCHRONISATION – 10.0**

Judges will credit: how well the team dances together as a group, rather than the execution. The ability of the team to maintain strong team timing with accuracy, clarity and control.

- **MOVEMENT PROFICIENCY– 10.0**

Judges will credit: accuracy of Pom motions noting superior placement, pathways, control, and precision.

- **MOVEMENT DYNAMICS – 10.0**

Judges will credit: the dancer's endurance and ability to maintain strength, sharpness and stamina throughout the routine.

- **TRADITIONAL ELEMENTS – 10.0**

Judges will credit: demonstration of correct approach, execution and completion of POM SPECIFIC elements such as, but not limited to: Pom Passes, Creative Transitions and Visual Effects, Level Changes, Unique Pom choreography, etc.

OVERALL JUDGE (30 POINTS)

- **COMMUNICATION – 10.0**

Judges will credit: genuine use of projection and energetic expression through facial and body energy.

- **SPACING– 10.0**

Judges will credit: the ability of the dancers to use spatial awareness to position themselves with correct distances between each other in and throughout all formations and transitions.

- **APPEAL AND AUDIENCE SUITABILITY – 10.0**

Judges will credit: effectiveness of the music, costuming, and choreography as fulfillment of the genre per the category description; and suitability for family viewing.